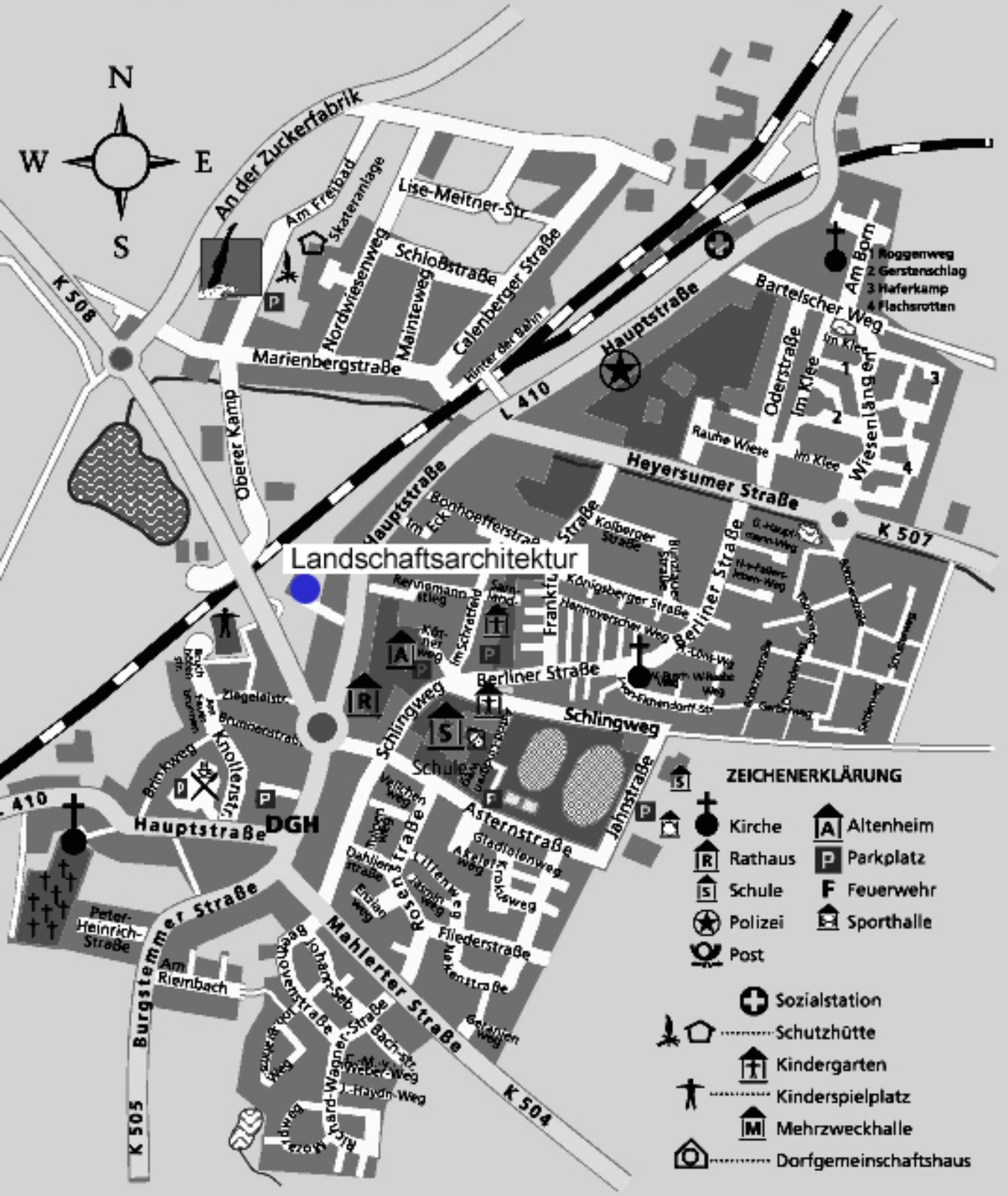Nordstemmen